



# North Midlands VTTA 10 (incorporating N Mids Championship) "Promoted for and on behalf of Cycling Time Trials under their rules & regulations"

2.01pm Saturday 3rd September 2022 Course: O10/1 Hatfield Woodhouse Headquarters: Hatfield Woodhouse Village Hall, Main Street, DN7 6NF

Organiser: Keith Ainsworth 65 Freedom Road, Sheffield S6 2XA keitha99@gmail.com 07776 123480

Timekeepers: Philip and Christine Minto

**Course description**: Start on A614 at Lamp Post No. 08209 near metal gate at southern end of Hatfield Woodhouse. Proceed southwards on A614 to Blaxton TI (5.026 miles). Encircle island and retrace along A614 to finish at LP No. 08212 at northern corner of triangle at end of Ancient Lane (10 miles).

Please note that the turn is quite tight - don't approach too fast!

No parking by competitors or their helpers anywhere on Ancient Lane, Hatfield Woodhouse

No U turns in sight of the start or Finish

No stopping at the finish, please continue straight back towards the HQ

Numbers will be available as usual at the event HQ prior to the event from 1pm. Keep your heads up while riding and obey the rules of the road. Remember that marshals are not there to stop the traffic or advise you whether it is clear. Take responsibility for your own riding at all times. The road surface on the course is poor in places with drain covers. There are also a couple of junctions off to the side of the main road so keep aware of the traffic around you.

Parking at HQ is to the rear of the building and on the grassed area adjacent - please do not park at the front near the end of the driveway, other people are also using the building.

# IN THE INTERESTS OF YOUR OWN SAFETY

Please ensure you read the risk assessment posted at sign on.

It is now compulsory that all riders wear a hard-shell helmet that meets an internationally accepted safety standard.

It is now compulsory that both a **WORKING FRONT AND REAR LIGHT**, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.

No warming up on the course after the event has started.

### PRIZES

## North Midlands VTTA Only

Best on Standard. The 'Cleethorpes Shield' Fastest Woman on Standard the 'Sheffield Central Cup' Fastest rider over 70yrs on Standard the 'Ron Blythe Trophy'

### North Midlands CTT Only

Best male on actual - trophy Best female on actual - trophy First team (three members) – trophy Medals to first three and all team members

# **Open Prizes (One Person One Prize except Team)**

First five on Standard £30 £25 £20 £15 £10 First three men on Actual £25 £20 £15 First three women on Actual £25 £20 £15 First two Junior Boys and Girls £25 £15 First Tandem £15 First Trike £15 First Team (overall) £20 x 3

# This event may be subject to doping control

As soon as you have finished, you should return to the HQ as it is your responsibility to check if you are required for testing Race numbers required for doping control will be displayed adjacent to the result board

Remember to sign off after you have finished. Riders not signing off will be registered as DNF.

Thanks to all riders, timekeepers and helpers for making this event possible

Have a great and safe ride, Keith.